

## Yaks and herder in Nepal

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On the trail between Tukche and Kaagbeni, Nepal, yaks walk uphill with loads strapped on their backs while a herder walks behind them wearing a heavy woolen coat and a Nepali cap on his head. Yaks have thick fur to protect them from the cold, and large lungs that allow them to breath well in high altitudes. They are often found working in altitudes of over 6000 meters above sea level. Besides being used for carrying things, yaks also provide milk and meat for human consumption.



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