

Marpha, Nepal

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A narrow pathway between houses in Marpha, Nepal. Two porters and one tourist stand on the path.

Marpha is home to many Thakali, an ethnic group once active in the salt trade from Tibet and across the mountains in western Nepal. Since the decline of the historical salt trade, Thakalis have embraced other ways of making a living. Many work in tourism, operating restaurants along trekking routes and bus routes in different parts of Nepal.

Marpha is also famous for its apples and for apple brandy of the same name.



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