

"Let the women do the work"

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This photograph appeared in Horace Kephart's 1913 book, *Our Southern Highlanders* with the caption "Let the women do the work." Kephart describes the women as "pretty in youth; but her toil in the house and field, early marriage, frequent child-bearing with shockingly poor attention, and ignorance or defiance of the plainest necessities of hygiene, soon warp and age them."

To find out more about rural North Carolina at the beginning of the twentieth century click these links:

North Carolina Archives and Histor- <https://waywelivednc.com/1870-1920/rural-world.htm>

For more on Kephart's journey in North Carolina:

Western Carolina University- <https://www.wcu.edu/library/digitalcollections/kephart/onlineexhibit/ind...>

Kephart, Horace. *Our Southern Highlanders*. New York: Outing Publishing Company, 1913.



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