

## **Feed a Fighter** <sup>[1]</sup>

Most of us take food for granted, but feeding 3.5 million men on active duty — and losing many thousands of farm workers to industry and the military — put a strain on the nation’s food system. Rationing was imposed early in the war, and Americans were urged to plant “victory gardens” and can produce at home. Kids, too, were “mobilized” through 4-H clubs to help the war effort in any way they could.

In this chapter you’ll learn about the science behind soldier’s rations and the culture of victory gardens. You’ll also explore the varied and impressive ways that North Carolina’s teenagers helped the war effort.

---

## **Section Contents**

- [Food for Fighters](#) <sup>[2]</sup>
- [Victory Gardens](#) <sup>[3]</sup>
- [4-H and Home Demonstration Work during World War II](#) <sup>[4]</sup>
- [Primary Source: 4-H Club Promotional Materials](#) <sup>[5]</sup>
- [Primary Source: 4-H Club Instructions](#) <sup>[6]</sup>
- [Primary Source: Joining a 4-H Club](#) <sup>[7]</sup>
- [Primary Source: Report on 4-H club contributions to the war effort](#) <sup>[8]</sup>
- [Primary Source: North Carolina’s Feed a Fighter Contest](#) <sup>[9]</sup>

### **User Tags:**

[4-H clubs](#) <sup>[10]</sup>

[Chapter Cover](#) <sup>[11]</sup>

[North Carolina History](#) <sup>[12]</sup>

[rationing](#) <sup>[13]</sup>

[Students](#) <sup>[14]</sup>

[Teachers](#) <sup>[15]</sup>

[World Word II](#) <sup>[16]</sup>

[Creative Commons BY-NC-SA](#) <sup>[17]</sup>

### **From:**

[LEARN NC North Carolina History: A Digital Textbook](#) <sup>[18]</sup>

### **Copyright Date:**

2009

### **Artifacts:**



[19]

To make up for food shortages, Americans planted victory gardens and canned vegetables at home. Kids, too, were “mobilized for victory” on the home front.

3 January 2018

Source URL: <https://ncpedia.org/anchor/feed-fighter>

#### Links

[1] <https://ncpedia.org/anchor/feed-fighter> [2] <https://www.ncpedia.org/anchor/food-fighters> [3] <https://www.ncpedia.org/anchor/victory-gardens> [4] <https://www.ncpedia.org/anchor/4-h-and-home-demonstration> [5] <https://www.ncpedia.org/anchor/4-h-mobilization-victory> [6] <https://www.ncpedia.org/anchor/enlistment-victory-1943> [7] <https://www.ncpedia.org/anchor/feed-fighter-forty-four> [8] <https://www.ncpedia.org/anchor/4-h-club-contributions-war> [9] <https://www.ncpedia.org/anchor/winners-north-carolinas-feed> [10] <https://ncpedia.org/category/user-tags/4-h-clubs> [11] <https://ncpedia.org/category/user-tags/chapter-cover> [12] <https://ncpedia.org/category/user-tags/north-carolina-6> [13] <https://ncpedia.org/category/user-tags/rationing> [14] <https://ncpedia.org/category/user-tags/students> [15] <https://ncpedia.org/category/user-tags/teachers> [16] <https://ncpedia.org/category/user-tags/world-word-ii> [17] <https://ncpedia.org/category/user-tags/creative-commons> [18] <https://ncpedia.org/category/entry-source/learn-nc> [19] <https://www.ncpedia.org/media/grow-it-yourself-plan-farm>