

## Our State Geography in a Snap: Landforms <sup>[1]</sup>

### Our State Geography in a Snap: landforms and regions

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**Landforms:** There are three distinct landforms of the Southeast and of North Carolina: the Coastal Plain <sup>[3]</sup>, the Piedmont <sup>[4]</sup>, and the Appalachian Mountains <sup>[5]</sup>.

- The Coastal Plain <sup>[6]</sup> is low, flat to gently sloping land that extends along the Atlantic Ocean and the Gulf of Mexico. Much of the Southeast lies within in the Coastal Plain.
- The Piedmont <sup>[7]</sup>, <sup>[8]</sup> characterized by hilly, rolling land, borders the Coastal Plain. The Piedmont extends from Virginia to Alabama.
- The Appalachian Mountains <sup>[9]</sup>, the largest range in the eastern United States, stretch from Canada to northern Alabama.

**Regions:** <sup>[10]</sup> The three landforms of North Carolina make up the three major geographic regions of the state: the Coastal Plain <sup>[11]</sup>, the Piedmont <sup>[4]</sup>, and the Mountains <sup>[12]</sup>. The Coastal Plain Region is usually divided into two sub regions: the Outer Coastal Plain, commonly referred to as the Tidewater; and the Inner Coastal, which is less impacted by the effects of the ocean as it is located further inward.



#### Sources:

"Social Studies:: Elementary Resouces:: Student Sampler:: Geography," *North Carolina Department of Public Instruction Website*. <https://www.dpi.nc.gov> <sup>[13]</sup> (accessed March 27, 2012).

#### Subjects:

Geography <sup>[14]</sup>

Natural resources <sup>[15]</sup>

Regions <sup>[10]</sup>

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#### Origin - location:

Coastal Plain <sup>[17]</sup>

Mountains <sup>[18]</sup>

Piedmont <sup>[19]</sup>

#### From:

NC Department of Public Instruction. <sup>[20]</sup>

1 January 2012 | Anonymous

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#### Links

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[plain/ncatlasrevisited](https://www.ncpedia.org/geography/region/piedmont) <sup>[4]</sup> <https://www.ncpedia.org/geography/region/piedmont> <sup>[5]</sup> <https://ncpedia.org/geography/region/mountains/ncatlasrevisited> <sup>[6]</sup> <https://ncpedia.org/geography-part-2-cradle-north> <sup>[7]</sup> <https://ncpedia.org/geography-part-3-piedmont-region> <sup>[8]</sup> <https://ncpedia.org/piedmont-nc-atlas->

[revisited \[9\] https://ncpedia.org/geography-part-4-rugged-beauty-and](https://ncpedia.org/geography-part-4-rugged-beauty-and) [\[10\] https://ncpedia.org/category/subjects/regions](https://ncpedia.org/category/subjects/regions) [\[11\] https://www.ncpedia.org/geography/region/coastal-plain](https://www.ncpedia.org/geography/region/coastal-plain) [\[12\] https://www.ncpedia.org/our-state-geography-snap-mountain](https://www.ncpedia.org/our-state-geography-snap-mountain) [\[13\] https://www.dpi.nc.gov](https://www.dpi.nc.gov) [\[14\] https://ncpedia.org/category/subjects/geography](https://ncpedia.org/category/subjects/geography) [\[15\] https://ncpedia.org/category/subjects/natural-resources](https://ncpedia.org/category/subjects/natural-resources) [\[16\] https://ncpedia.org/category/authors/anonymous](https://ncpedia.org/category/authors/anonymous) [\[17\] https://ncpedia.org/category/origin-location/coastal-pl](https://ncpedia.org/category/origin-location/coastal-pl) [\[18\] https://ncpedia.org/category/origin-location/mountains](https://ncpedia.org/category/origin-location/mountains) [\[19\] https://ncpedia.org/category/origin-location/piedmont](https://ncpedia.org/category/origin-location/piedmont) [\[20\] https://ncpedia.org/category/entry-source/nc-department](https://ncpedia.org/category/entry-source/nc-department)