

## Primary Source: Life in Camp <sup>[1]</sup>

*Walter Waightstill Lenoir was born in 1823 into the wealthy Lenoir family. He attended the University of North Carolina and practiced law in North Carolina before the Civil War. Although Lenoir opposed slavery and disagreed with secession, he joined the Confederate army in January 1862.*

*In the letter below, Lenoir writes to his mother, Selina Louisa Avery Lenoir, about his experiences in the Confederate army. As you read, consider that Lenoir had only been with the CSA for less than two months.*

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Camp Lee, S. C., Mch. 2d 1862

Dear Mother,

As I write so many letters home to let you all hear from me and brother Tom, I will [commence](#) <sup>[2]</sup> by telling you something about myself and him. I continue in very fine health, with my digestion improved, and hardly ever deranged now, even by my hearty meals which are always somewhat in excess. But I enjoy Uriah's [coarse](#) <sup>[3]</sup> corn bread & wheat bread & [fried midling](#) & rice & potatoes, so much so that it is hard to stop when I have eat enough. We have been out of coffee for some time, but are doing very well without it, & have all become so fond of [Yeopon tea](#) that we will continue to use it, although we have now got a new supply of coffee, at 75 cts per lb. I find the Yeopon so [palatable](#) <sup>[4]</sup> & apparently wholesome that I would be glad to know that you had sent for a supply to Wilmington or Newberne. I have advised Mr Norwood by all means to order a bushel. I do not know that I am fattening any, but I am increasing in weight by the development of the muscles of my arms and legs, which are growing perceptibly larger & harder. All this fine progress which I am making as to my health, by becoming a soldier & adopting the life of the camps may of course be upset at any time by an attack of fever, if I escape safely from the other dangers of war. I am not, however, entirely negligent of my health. With the exception of eating too much, I am, I think, reasonably [prudent](#) <sup>[5]</sup> in regulating my diet. I have my hair now trimmed quite short, without having caught cold by its loss, and I wash myself every morning to my waist carefully with cold water, including the whole of my head in the [ablution](#) <sup>[6]</sup>; and then rub myself dry with a towel. And I wash my whole person at least once a week. I change my shirt, drawers, and socks but once a week, as soldiers can't afford to be [fastidious](#) <sup>[7]</sup> about their wardrobe. I don't wear the cotton shirts that I brought, the [unclear] ones being quite sufficient to keep me warm in this mild climate, and I have very seldom worn my great heavy overcoat, but my other clothing has not become [oppressively](#) <sup>[8]</sup> warm, as I can leave off the coat or waistcoat or both in the warmest weather. My heavy jeans will soon, however, I suppose, be quite unsuitable for the climate here. I will try, though, if we still remain here to supply myself if necessary with something lighter. I am more cheerful and light hearted here than I could possibly be at home during the continuance of the war, and on the whole may be said to enjoy myself amazingly, all things considered. The worst of it is I am getting gray much too fast....

Your affectionate son  
Walter

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### Primary Source Citation:

Lenoir, Walter Waightstill. Walter Waightstill Lenoir to Selina Louisa Avery Lenoir, March 2, 1862, in the Lenoir Family Papers, Southern Historical Collection, University of North Carolina at Chapel Hill, Chapel Hill, NC.

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Walter Waightstill Lenoir

3 January 2018

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